



齋藤守弘直伝

Minnesota Aiki Shuren Dojo

Est. 2002



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# Aikido Seminar Spring 2019

Instructor:  
Sensei Mark Larson  
6th Dan

**All Aikido Levels, Styles &  
Affiliations are welcome!**

## Training Schedule

### Saturday, March 30th

- 9:00 a.m. - 10:00 a.m. Registration
- \* 10:00 a.m. - Noon Training
- Noon - 2:30 p.m. Lunch Break
- \* 2:30 p.m. - 5:00 p.m. Training
- 7:30 p.m. Banquet @ Hajime Restaurant

### Sunday, March 31st

- 9:15 a.m. - 9:45 a.m. Registration
- \* 9:45 a.m. - Noon Training

## Pricing

	<u>Standard</u>	<u>Student</u>
Saturday Only	\$80	\$70
Sunday Only	\$50	\$40
Full Weekend	\$120	\$100

## Seminar Location

**Handke Family Center** (Map)

1170 Main St NW  
Elk River, MN 55330

Sponsored by ISD 728 Community Education

***Please bring your own ken, jo and tanto***

Email questions to: [info@aikido-shuren-dojo.com](mailto:info@aikido-shuren-dojo.com)

Photo Credit to Darryl Sebastian